

**SAFE HANDS HUMAN RESOURCES ORGANIZATION**  
Serving Humanity! Enhancing lives!



# ANNUAL REPORT

**2025 - 2026**



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# SAFE HANDS HUMAN RESOURCES ORGANIZATION

Serving Humanity! Enhancing lives!

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## ANNUAL REPORT FOR THE YEAR OF 2025 - 2026

### Our Origin & Background:

- ✦ Safe Hands Human Resources Organization (SHHRO) is a registered non-profit voluntary organization established in 2010 and based in Tiruchirappalli District, Tamil Nadu, India. It was founded by Mrs.M.Thilaga, a dedicated grassroots leader from a rural background with over a decade of experience in community development. SHHRO works towards empowering marginalized communities through people-centered and capacity-building approaches. The organization operates across six districts of Tamil Nadu, including Tiruchirappalli, Namakkal, Thiruvarur, Chennai, Kanchipuram and Chengalpattu. Governed by a five-member Board of Trustees with strong women representation, SHHRO focuses on women empowerment, education, livelihood development, environmental conservation, health, legal aid and awareness support, etc working towards building resilient and self-reliant communities.

### Vision:

- ✦ “To create self-reliant of women with dignified and sustainable quality of life.”

### Mission:

- ✦ Safe Hands empowers communities by prioritizing children’s education, empowering women, and equipping youth with employable skills. We advocate for better healthcare, promote healthy practices, and raise awareness about environmental issues and education. Through fostering independence and economic well-being, we aim to drive lasting sustainability and community empowerment.

### Key Highlights (2025- 2026):

- ✦ Reached over **6000+ beneficiaries** across 6 districts of Tamil Nadu
- ✦ Planted **550 trees** promoting environmental sustainability
- ✦ Conducted a survey covering **1,000 single women**
- ✦ Provided skill training to **250+ youth and single women**
- ✦ Delivered capacity-building training for **150+ single women**
- ✦ Strengthened community institutions by establishing **9 Panchayat, 9 Block** and **9 District Level Federations** across 3 districts
- ✦ Initiated **15 Joint Liability Groups (JLGs)** across 3 districts
- ✦ Mobilized over **2,000+ women members** through federations and JLGs
- ✦ Supported **300+ single women** to register under the Single Women Welfare Board
- ✦ Facilitated access to government welfare schemes for **350+ individuals**
- ✦ Provided nutrition support to 30 families
- ✦ Provided scholarship support to **35 girl children** of Single mother
- ✦ Supported **25+ survivors and their families** through Survivor Forums
- ✦ Reached **300+ community members, school and college students** through awareness sessions on POSH Act and POA Act

## Programs & Activities (2025- 2026):

During the year 2025-2026, SHHRO implemented a range of community centered programs focusing on women empowerment, education, livelihood development, environmental conservation, health, legal awareness and support across its operational areas.

### I. Women Empowerment:

#### **Strengthening Single Women:**

SHHRO, with the support of **Global Greengrants Fund**, works towards strengthening single women across three districts of Tamil Nadu, including Tiruchirappalli, Namakkal, and Thiruvavur. Through targeted interventions, the organization focuses on enhancing their socio-economic status, promoting self-reliance, and improving access to rights and entitlements.

##### **1) Single women Survey:**

As an initial step, SHHRO conducted a baseline survey among **1,000 single women** across three districts to understand their socio-economic conditions and key challenges. The survey captured details on employment, income, family background, access to support systems, and experiences of vulnerability. The findings enabled the organization to design targeted, need-based interventions to improve the livelihoods and well-being of single women.



##### **2) Panchayat - Level Federations – Formation & Training:**

To strengthen collective support systems among single women, we facilitated the formation of Panchayat-level federations across three districts. In each district, five Panchayats were covered to ensure wider outreach and representation. These federations were established as initial platforms for single women to come together, share their concerns, and support one another. Basic training and orientation sessions were also provided to help members understand the purpose of the federation and the importance of collective action.



**3) Block - Level Federations – Formation & Training:**

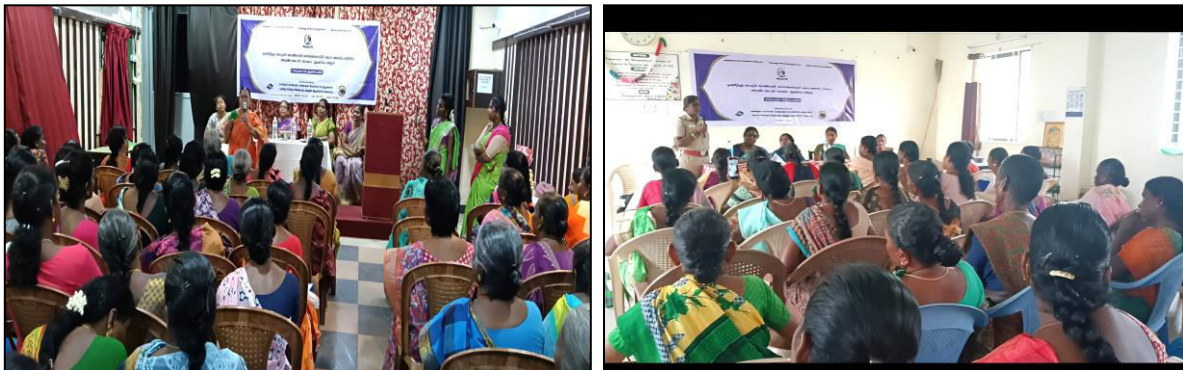
SHHRO facilitated the formation of Block-Level Federations across the project areas by bringing together representatives from Panchayat-level groups to create a coordinated platform. Training sessions were conducted to strengthen members’ understanding of their roles, enhance coordination, and build leadership capacities. These federations enabled effective engagement with local stakeholders and government representatives, thereby strengthening collective voice, representation, and advocacy at the block level.



**4) SWAN – (Single Women Action Network) – Inauguration and District level Federation formation:**

SHHRO, in collaboration with Human Rights Foundation (HRF), initiated the Single Women Action Network (SWAN) through an inauguration event across three districts to strengthen collective action and support for single women. Awareness materials were released on key legal issues, including the POA Act, POSH, POCSO, Domestic Violence Act, and important helpline numbers.

As part of this initiative, District-Level Federations were also formed to enhance coordination, representation, and collective voice, further empowering single women and strengthening their engagement with stakeholders.



**5) Capacity Building Trainings for Single Women:**

SHHRO conducted capacity-building trainings for single women to enhance their confidence, awareness, and self-reliance. The sessions covered skill development, entrepreneurship, mental health, and awareness of government welfare schemes. Resource persons and experts facilitated the trainings, providing practical knowledge and guidance. A total of **150+ single women** across three districts benefited from these initiatives.



**6) Skill Training Program for Single Women:**

SHHRO organized skill training programs on beauty and wellness for single women to enhance livelihood opportunities and promote economic independence. Trainings were conducted across three districts, ensuring wider participation. The sessions focused on developing practical, income-generating skills and encouraging self employment. Over **100 single women** benefited from these trainings, supporting improved financial stability and confidence.



SHHRO conducted a Traditional Food and Health Awareness Training for women in Kanchipuram to promote nutritious food practices and overall well-being. The session highlighted the importance of traditional dietary knowledge, healthy preparation methods, and practical skills for everyday life. The training encouraged active participation and contributed to improving awareness on health, nutrition, and self-reliance among women.



**7) Joint Liability Group's (JLG) Formation:**

SHHRO initiated the formation of Joint Liability Groups (JLGs) among single women across three districts, with a plan to establish **5 groups in each district**. As part of the initial phase, **one JLG has been formed in each district**, marking the beginning of this initiative. These groups serve as platforms for savings, mutual support, and future livelihood opportunities. As the initiative is currently in the pilot phase, the focus has been on initial group formation, with plans to expand and strengthen the groups in the upcoming phase.



**8) Stakeholders Meetings:**

SHHRO organized stakeholder meetings across three districts to introduce the initiative on empowering single women and to promote awareness on the Prevention of Atrocities Act, 1989. The meetings brought together Panchayat leaders, NGOs, CBOs, SHG members, and community representatives. These sessions served as a platform to share project objectives, raise awareness on the rights of single women, and build collaboration with key stakeholders. They also supported in identifying beneficiaries and strengthening the effectiveness of project implementation.



**9) Entitlement Support and Welfare Board Registration for Single Women:**

SHHRO facilitated access to government entitlements for single women and supported their registration with the Single Women Welfare Board. The initiative focused on enabling women to access social security schemes through guidance on application processes, documentation, and eligibility. Support was provided in obtaining key documents and applying for pension and welfare schemes. Through this effort, 300+ single women were registered with the Welfare Board, and 350+ women accessed various government entitlements, improving their social and economic security.



**10) International Women's Day Celebration:**

We celebrated International Women's Day with single women to recognize their strength and resilience. The event provided a platform for women to come together, share their experiences, and build solidarity, while promoting awareness on their rights and dignity.



## II. Educational Support:

SHHRO identified that several girl children of single women pursuing higher education were facing financial constraints. With the support of **HopeWorks Foundation- Bengaluru**, the organization facilitated **50% educational support**, enabling **35 students** to continue their college education. In addition, weekly skill development sessions are conducted on Sundays to enhance students' knowledge and career readiness. These sessions are delivered through both online platforms and in-person resource persons. To further support their participation, lunch is also provided during the sessions.



With the support of **Samdhasani Foundation**, SHHRO provided **learning and play materials worth ₹10,000** to Anganwadi children to support early childhood development. This initiative aimed to enhance learning experiences and promote holistic development among young children.



### III. Livelihood Development Programs:

SHHRO, in collaboration with **TeamLease Foundation**, implemented skill training programs across three districts—Chennai, Kanchipuram, and Chengalpattu to enhance employability and promote economic independence among women and youth. A **two month training program** was conducted across three sectors: **Banking, Financial Services & Insurance - BFSI (38 beneficiaries)** in Kelambakkam (Chengalpattu), **Sewing Machine Operation - SMO (55 beneficiaries)** in Chennai and **BeautyWellness (50 beneficiaries)** in Kanchipuram. All trainings were successfully completed, and certificates were provided to the participants.

With the support of TeamLease Foundation, placement opportunities were facilitated for BFSI trainees, resulting in **18 candidates securing jobs** in companies. In the BeautyWellness sector, **38 participants became self-employed**, while **5 participants secured employment** in beauty parlors. In Sewing Machine Operation, a majority of participants have taken up **self-employment**, enhancing their income and livelihood opportunities.



### IV. Environmental Sustainability:

SHHRO implemented environmental conservation initiatives to promote awareness and encourage community participation in protecting natural resources. As part of these efforts, a Tree Plantation Program was organized at a Government Boys' High School in Tiruchirappalli, where **150 trees** were planted with the active involvement of

students and staff. In addition, SHHRO extended support by providing **400 saplings** to Rev.Fr.Eugin, which was planted in farmlands located in Kotrappatti and K.K Nagar. These initiatives contributed to increasing green cover and promoting environmental sustainability across communities.



### V.Health:

#### **Nutrition Support for Vulnerable and Underprivileged Children:**

This initiative was supported by **Samdhasani Foundation** and through the **Benevity platform**. SHHRO provided nutrition support to **single women and vulnerable families with anemic children** in Periyar Nagar (**13 children and families**) and Asoor (**15 children and families**). Each beneficiary received a **Nutrition kit** containing iron-rich foods, health mix, protein pulses, nutritious cookies, nuts, rice, and other essential items, etc **worth Rs.1000**, aiming to improve their health and overall well-being.



### VI.Legal Aid support and Awareness programs:

This initiative is being implemented across three districts of TamilNadu - Tiruchirappalli, Namakkal, and Thiruvarur to provide legal aid and support to affected individuals and vulnerable communities.

#### **DCCM Meetings & Government Engaqement:**

SHHRO conducted quarterly meetings of the DCCM (District Citizen Committee Meeting) across three districts, providing a platform to discuss cases of affected victims, identify their needs, and plan appropriate interventions. These meetings also focused on strengthening community monitoring and improving responsiveness to social issues. As part of this initiative, SHHRO actively engaged with government officials to address the concerns raised during DCCM meetings. Issues were escalated to relevant authorities, including submission of petitions to the District Collector and facilitating direct representation to higher officials at the Secretariat. These efforts

strengthened coordination with government departments and improved access to relief measures and services for affected families.



**Survivor Forums:**

SHHRO conducted quarterly Survivor Forums across three districts, creating a safe space for affected individuals to share their experiences, express concerns, and build mutual support. These forums also served as platforms for providing free legal awareness and guidance on rights and available support systems, while enabling the identification of new victims and assessment of their needs.

As part of the intervention, SHHRO undertook field visits to affected victim's locations to better understand their situations and provide timely support. Continuous assistance was extended to victims, including those affected under the POA Act, Domestic Violence and other cases.

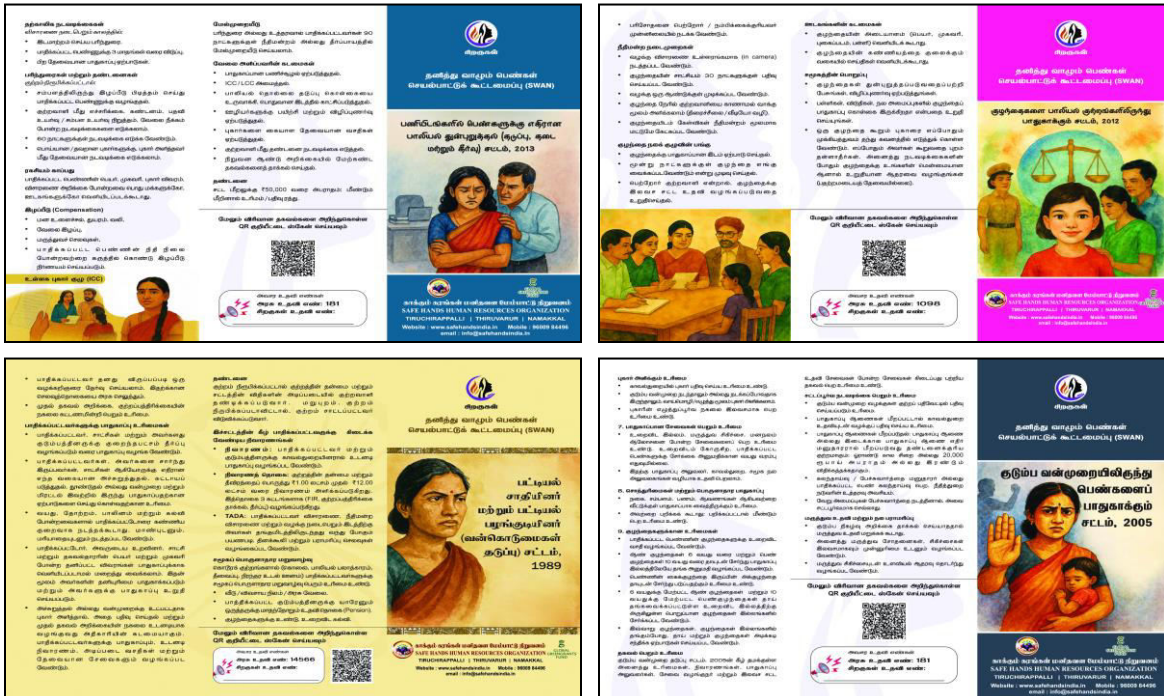


**Awareness Programs:**

SHHRO conducted awareness sessions in community, schools and colleges across the three districts, focusing on key topics such as the Prevention of Sexual Harassment (POSH) Act and the Prevention of Atrocities (POA) Act. These sessions aimed to educate students and young people on their rights, safety, and available legal protections. The programs also encouraged open discussions, increased awareness, and promoted a safer and more informed community environment.



Also, SHHRO developed and distributed awareness pamphlets covering key legal frameworks, including the **POA Act, POSH Act, POC SO Act, Domestic Violence Act** and **important helpline numbers**. These materials were used to improve awareness and access to information among community members.



**Other Support Activities:**

There are 152 peoples from SC/ST communities who had long been facing land ownership (patta) issues were identified and supported in Poolankudu village. As a result, 38 individuals have successfully received land pattas so far, while the process is ongoing for the remaining applicants. A majority of these beneficiaries are single women and other underprivileged individuals.



**VII.Other Networking:**

SHHRO actively engaged in networking and collaboration with various organizations and platforms to strengthen its interventions and expand its impact. The organization worked with Human Rights Advocacy and Research Foundation (HRF) initiatives, Women Leaders CSO Solidarities to support leadership and organizational development of women-led groups, participated in health awareness initiatives through the Tamil Nadu Voluntary Health Association (TNVHA), and collaborated with Thozhi Federation to support women and workers in the unorganized sector, promoting collective action and access to rights and entitlements.



**VIII.Board Meetings:**

The Board of Directors of **Safe Hands Human Resources Organization** met regularly during the year to review progress, financial performance, and strategic direction. A total of **7 board meetings** were held with **5 members**, who actively participated in key decisions related to governance, program implementation, and future planning, providing strong support to the overall development of the organization.



**IX.Achievements & Awards:**

Mrs.M.Thilaga, *Founder & President* of Safe Hands Human Resources Organization was honored with the **Saathanai Manithar Award- 2025** at a function organized by *Angusam Social Welfare Trust*. This award was presented in recognition of her outstanding contributions and the impactful community development initiatives carried out through Safe Hands Human Resources Organization.



SHHRO successfully completed the **Niranthara Lite** – Organisational Change Management (OCM) Program conducted by Dhvani Foundation and secured **2nd Prize** with an outstanding score of **99.19%**. The award was received by our **Secretary Mr.R.Mahendra Babu**, marking a significant milestone in strengthening the organization’s capacity and commitment towards impactful community work.



**X.Our Website & Social Media Links :**



**Our Website:**  
[www.safehandsindia.in](http://www.safehandsindia.in)

### Acknowledgement:

SHHRO extends its sincere gratitude to all partners, supporters, and stakeholders who have contributed to the successful implementation of its initiatives. We gratefully acknowledge the support of Human Rights Advocacy and Research Foundation- Chennai, Global GreenGrants Fund, TeamLease Foundation, HopeWorks Foundation, Samdhasani Foundation, Benevity Casues Portal Donors, Givedo Platform and other donors for their valuable contributions.

We also thank community members, local leaders, government officials, and partner organizations for their continuous co-operation and support. Our heartfelt appreciation goes to our dedicated team members, staffs and volunteers for their commitment and efforts in making these initiatives impactful and meaningful.

Date : 21.04.2026  
Place : SHHRO Office  
Tiruchirappalli



**M.Thilaga**

*Founder & President*

Safe Hands Human Resources Organization  
Tiruchirappalli