



NITYAH

YOUTH FOUNDATION

To empower people with integral education for realisation of self and well being of nation.

WHO WE ARE

Nityah Youth Foundation is a Section 8 non-profit creating safer, more equitable futures by equipping children and adolescents with Comprehensive Sexuality Education, Emotional intelligence and Life Skills through schools, colleges, coaching classes and other educational institutions.



COMPREHENSIVE SEXUALITY EDUCATION

Develops comprehensive sexuality education and peer education programs.



EMOTIONAL INTELLIGENCE

Encompasses wellbeing, emotional sensitisation, conscientisation, and emotional intelligence.



LIFE SKILLS

A holistic wellbeing and sensitisation programme for consciousness and evolution.

PROJECT SAMYA

A holistic wellbeing and gender sensitisation programme focusing on:

Comprehensive Sexuality Education (CSE): Age-appropriate learning for confidence and understanding.

Emotional Intelligence: Self-awareness, self-regulation, empathy, motivation, and social skills.

Life Skills: Communication, critical thinking, decision-making, problem-solving, resilience, and healthy relationships.



Our Impact & Journey Over 8 Years of Trusted Engagement



8+ years of working with **children and adolescents** through educational and community-based interventions.



7 years of sustained engagement in **three urban** slum communities, building trust and delivering life skills.



Delivering **menstrual hygiene awareness** programs to adolescent girls with corporate partners like **Shro Systems, SBI General Insurance, and Kohler India.**



Partnerships with **10+ schools** across **Pune** to implement holistic education and gender sensitisation initiatives.

OUR FOUNDERS



SHRADDHA KADAM

(Founder & Director)



PRITESH PITALE

(Founder & Director)

LET'S COLLABORATE

We partner with CSR teams, educational institutions, foundations & community organisations to build emotionally resilient, gender-equitable generations.



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